# Alzheimer's Resource Coordination Center "What's Happening Around the State?" January 2006

## **ARCC Grant Process Begins**

On January 20, 2006, the memo announcing the 2006 ARCC Grant Funding Availability will be sent to over 800 individuals and organizations in South Carolina. The ARCC will be requesting grant applications for respite care services and/or educational interventions for persons with Alzheimer's disease and related disorders (ADRD) and their families and caregivers, and community service providers. Applicants must show evidence of need for the service(s) in the community. Applications are encouraged from counties that have not received seed grants for the establishment of Alzheimer's support services, however, applications from all counties will be considered. The counties that have not received funding from the ARCC are: Abbeville, Allendale, Bamberg, Barnwell, Calhoun, Chester, Edgefield, Greenville, Greenwood, Hampton, Jasper, Lee, Pickens and Union.

## Preliminary 2006 Timeline Grant Awards for July 1, 2006-June 30, 2007

January 20, 2006	Issue Memo Announcing Funding Availability
February 15, 2006	Application Packets Available
March 10, 2006	Deadline to Register for Pre-application Workshop
March 15, 2006	Deadline for Submission of Written Questions
March 17, 2006	<b>Pre-Application Workshop, 10:00 a.m.</b> Lieutenant Governor's Office on Aging, 1301 Gervais Street, Columbia, SC (corner of Gervais and Sumter)
April 19, 2006	Deadline for Grant Application Submission An original and nine copies due no later than 4:00 p.m.
April 20-21, 2006	Initial Screening of Applications
April 28, 2006	Review Teams Meet for Orientation and to Receive Grant applications – Lieutenant Governor's Office on Aging
May 18, 2006	Review Teams Meet to Decide Grant Awards Lieutenant Governor's Office on Aging
May 19-29, 2006	Resolve Issues with Successful Applicants
June 15, 2006	Notification of Grant Awards Mail Grant Award Packages to Grantees
June 28, 2006	Grants Procedures Workshop for Grantees

July 7, 2006 Signed Grant Agreements Due from Grantees

## Dementia "set to quadruple" says Lancet report

"A new case of dementia arises every seven seconds with the number of people with dementia set to double every 20 years, says a report in The Lancet today (366:2112-2117). The report, produced for Alzheimer's Disease International (ADI), comes 100 years after the first description of Alzheimer's disease and estimates that 24.3 million people currently have dementia, with 4.6 million new cases annually. By 2040 the number will have risen to 81.1 million.

http://www.alz.co.uk/media/nr051216.html Alzheimer's Disease International News Release

#### **News from the Field**

Capital Senior Center – Twenty participants learned and laughed at the first Caregiver's Workshop held at the Capital Senior Center and funded by an ARCC educational grant. The workshop began in August and ended eight weeks later. The classes, conducted by Susan Levine, Attorney Michael Mueller, and Joe Ritchey, Family Caregiver Advocate, ranged from how to cope with communication problems, guilt and anger, to health and legal issues. The depth of information explored in the sessions was not limited to the outlined curricula, and the participants were encouraged to bring forth issues that were foremost on their minds.

The participants' evaluations at the conclusion of the workshop were positive and very explicit about wanting the sessions to continue, and, in some cases, the workshops to last longer. We are extremely pleased with the outcome of the first eight-week session and look forward to the second eight-week offering beginning February 14<sup>th</sup>.

Larry Jordan, Executive Director Capital Senior Center

**Senior Citizens Association of Florence County -** Through an ARCC educational grant, the Senior Citizens Association of Florence County is getting ready for Alzheimer's Educational Training Sessions in Johnsonville. Johnsonville is one of our very rural areas, and I'm trying to reach those caregivers and professionals in rural areas. So far, the response has been good. The training will start on January 18<sup>th</sup> and end on February 8<sup>th</sup>.

Alfannie Kennedy Resource Developer Senior Citizens of Florence County

### **Alzheimer's Associations**

#### **Upstate Chapter**

#### March 16, 2006

There will be an African American Alzheimer's Education Seminar on March 16 conducted by Dr. Aljoeson Walker of MUSC. He will present in Anderson in the morning and again in the Greenville/Spartanburg area in the afternoon. The two hour program will feature information about dementia in African Americans and the research that is currently being conducted in South Carolina in this population. There will be CEUs offered and both families and professionals are invited to attend. For more information call 1-800-273-2555 Alzheimer's Association Upstate S.C. Chapter

#### May 18, 2006

The annual Alzheimer's Education Conference will be held at First Baptist Church in Greenville on Thursday, May 18. Featured topics will be *Communicating with Persons with Dementia-*a panel of persons with Dementia in early stages; *Driving and Dementia; Depression and Dementia; and Current Treatments.* Call 1-800-273-2555.

The Alzheimer's Association Upstate South Carolina Chapter is offering **Maintain Your Brain** Workshops throughout the upstate territory for Baby Boomers and others interested in living a brainhealthy lifestyle. For information about arranging a workshop in your area, call 1-800-273-2555.

**Early Stage Dementia Support Groups** The Upstate S.C. Chapter will continue to interview persons for special area support groups that focus on individuals who are in the earliest stage of dementia and express a desire to participate in a small group setting. Persons can have any dementia diagnosis regardless of age. They must possess communication skills and some attention span to be able to interact with others with dementia. Care partners are in a separate group that will meet at the same time. For information about groups in Anderson, Greenville, and Spartanburg counties, call 1-800-273-2555.

#### Palmetto Chapter

**Caring for the Caregivers** – this is a four week series. The schedule is:

Session 1	January 26	9:00 am – 1:00 pm	Caring for the Caregiver Identifying Emotions in the Caregiver and Dealing with Stress
Session 2	February 2	9:00 am – 1:00 pm	Overview of Alzheimer's Disease and Related Dementias Communication Techniques
Session 3	February 13	9:00 am – 1:00 pm	Understanding Challenging Behaviors Health and Legal Issues
Session 4	February 20	9:00 am – 1:00 pm	Community Resources and Grief Grande Finale

Lunch will be served. There is absolutely no charge, however, space is limited. Please call Liz Neal 803-642-8444 at Eden Gardens of Aiken, or Adelle Stanley 803-791-3430 at the Alzheimer's Association Palmetto Chapter

**Loris Health Fair** – Saturday, January 21, 2006 from 9:00 am to 1:00 pm at Colonial Mall, North Myrtle Beach. Contact Linda at 843-233-9100.

**Alzheimer's Information Seminar** – Tuesday, March 14, 2006 from 10:30 am to 11:30 am at Health Finders, Coastal Grant Mall. Contact Linda at 843-233-9100.

**Advance Directives and Alzheimer's Awareness** – Wednesday, January 18, 2006 at 1:30 pm. S.H.A.R.E. Senior Center, Hilton Head. Contact Jennifer at 843-571-2641.

**Alzheimer's Awareness, 1<sup>st</sup> of a 3 part series -** Tuesday, February 21, 2006 from 6:30 pm to 8:00 pm at the Frankie Home at Seaside, Mt. Pleasant, SC. Contact Jennifer 843-571-2641.

#### **National Conference**

Southern Gerontological Society 27<sup>th</sup> Annual Meeting – Natural Bridges: Preparing for an Aging South

> April 5-8, 2006 Radisson Plaza Hotel Lexington, Kentucky

For more information, contact:

Lora Gage Southern Gerontological Society, PMB #144 1616-102 W. Cape Coral Pkwy. Cape Coral, FL 33914

Tel: 239-541-2011 \* Fax: 239-540-8654 E-mail: Lgage4SGS@aol.com

Web Site:

http://www.wfu.edu/academics/gerontology/sgs/

#### DEMENTIA DIALOGUES

The winter schedule is as follows:

Upstate The Haven, Greenville, SC 864-467-0031

5 sessions/Mondays

January 23, February 13,27, March 13, 27

7:00 pm - 8:30 pm

NHC Mauldin, Mauldin, SC 864-675-6421

5 sessions/Tuesdays

January 24, February 14, 28, March 14, 28

10:00 am - 11:30 am

St. Matthew Methodist Church

**Greenville County Disabilities and Special Needs Board** 

Greenville, SC 864-288-1907 Ext. 3828

5 sessions/Tuesdays

January 24, February 14, 28, March 14, 28

2:00 pm - 3:30 pm

Catawba Region Rosewood Estates, Charlotte, NC 704-553-8700

5 sessions/Thursdays

January 12, 26, February 9, 23, March 9

9:30 am - 11:00 am

Lancaster Convalescent Center, Lancaster, SC 803-285-7907

5 sessions/Thursdays

January 12, 26, February 9, 23, March 9

2:00 pm - 3:30 pm

# **South Carolina Activity Professionals Association**

The South Carolina Activity Professionals Association is extending a special invitation to family caregivers to attend their 17<sup>th</sup> Annual Conference on February 22-24, 2006 at the Marriott in Spartanburg. Some of the workshops are "Creating Moments of Joy," "Caring Colors: Art Therapy," "Massage Therapy," "Families and Staff Working Together," "Memory Enhanced Activities," and more. SCAPA is offering a substantially reduced rate for individual days or for the whole conference to family caregivers. For more information, call Amy Jackson, 864-850-2292.

#### **Books**

Navigating the Alzheimer's Journey: A Compass for Caregiving, available from the Health Professions Press, P.O. Box 10624, Baltimore, MD 21285-0624. Phone: 410-337-9585; Fax: 410-337-8539. Website: <a href="https://www.healthpropres.com">www.healthpropres.com</a>. Price: \$32.95.

<u>The Dementias: Diagnosis, Treatment, and Research, 3<sup>rd</sup> ed.</u> Weiner, .F., Lipton, A.M., eds. Available from the American Psychiatric Publishing, Inc., P.O. Box 97250, Washington, DC 20090. Phone: 1-800-368-5777: Fax: 703-907-1091. Website: www.appi.org. Price: \$90.00 paperback.

<u>Physician's Guide to Assessing and Counseling Older Drivers.</u> Wang, C.C. et al. Available from the Older Driver's Project, American Medical Association, 515 North State Street, Chicago, IL 60610. Phone: 312-464-4179; Fax: 312-464-5842. Website: <a href="www.ama-assn.org/go/olderdrivers">www.ama-assn.org/go/olderdrivers</a>. Price: free

<u>Healing Arts Therapies and Person-Centered Dementia Care</u> Innes. A., Hatfield, K., eds. Available from Taylor and Francis-Routledge Books, Inc., 29 West 35<sup>th</sup> Street, 10<sup>th</sup> floor; New York, NY 10001, Phone: 1-800-797-3803, ext. 7856; 212-216-7856; Fax: 212-244-1563. Website: <a href="https://www.routledge-ny.com">www.routledge-ny.com</a>. Price: \$19.95

Alzheimer's Resource Coordination Center
Advisory Council Meetings
April 11, 2006
July 11, 2005
October 10, 2006